

Multicultural maternity meet-up at Strømmen Library



About the multicultural maternity meet-up

Welcome to maternity meet-up at Strømmen Library!

Here you can meet other mothers in a warm and inclusive environment.

Get to know others, share experiences, and enjoy a warm drink in pleasant surroundings adapted to both you and your baby.

Migration Health Services and the library will organize reading sessions, baby singing and provide information on various relevant topics such as food, development, and sleep.

Time: Mondays 12:15–14:00 (from 2 February 2026)

Place: Strømmen Library, Støperiveien 28

Practical information:

- Comfortable chairs for breastfeeding and diaper-changing facilities
- Space for strollers
- You may ask questions if you wish
- The doors are open from 12:15–14:00 – come when it suits you
- Free to attend – no registration required
- Volunteers are present to help you

Who can participate?

Mothers with babies up to 1 year old, who are not part of a maternity group. It is possible to bring siblings up to 2 years old.

We look forward to meeting you and your baby!

